

Dragon Allergen Menu














If you suffer from a food allergy or intolerance, please let your server know upon placing your order. To help, our easy to use guide covers the most common allergens as well as suitability for vegetarians or vegans.



Allergen data is held on each of our dish ingredients, so please ask your server in the restaurant should you require any more details.

Tree Nuts include: almonds, hazelnuts, walnuts, cashews, pecans, brazils, pistachios, macadamia nuts or Queensland nuts.



































Due to the presence of some ingredients used in Dragon Rustington's kitchen, we can never guarantee that a dish is completely free from any allergens.



-  Suitable for Vegetarians
-  Suitable for Vegans
-  Contains Tree Nuts
-  Contains Peanuts
-  Contains Fish or Fish Products
-  Contains Crustaceans
-  Contains Molluscs
-  Contains Eggs or Egg Derivatives
-  Contains Milk or Milk Products
-  Contains Lupin
-  Contains Mustard
-  Contains Soya
-  Contains Sulphur Dioxide or Sulphites >10ppm

-  Contains Sesame Seed
-  Contains Celery or Celeriac Products
-  Contains Cereals (Gluten)
-  Contains MSG

Lunch Time Special Offer

1. Crispy Seaweed   
2. Capital Ribs      
3. Barbecued Spare Ribs   
4. Crispy Won Tons    
5. Sesame Chicken On Toast   
6. Vegetable Spring Rolls 
7. Chicken Wings with Chilli, Garlic & Salt  
8. Garlic & Butter Mushrooms   
9. Chicken & Mushroom Soup   
10. Chicken & Sweetcorn Soup   
11. Prawn Cocktail   

Menu A - Dragon Platter

- Barbecued Spare Ribs   
- Seaweed   
- Sesame Chicken on Toast   
- Crispy Won Tons    

Vegetable Spring Rolls 

Stir Fried King Prawns with Szechuan Sauce 

Chicken with Ginger and Spring Onions 


Sizzling Beef Cantonese Style 

Egg Fried Rice 

Menu B - Dragon Platter

Crispy Aromatic Duck 

Shredded Beef with Chilli 

Sizzling King Prawn with Ginger & Spring Onions 


Chicken Curry 

Egg Fried Rice 

Menu C - Dragon Platter

Barbecued Spare Ribs 

Seaweed 

Sesame Chicken on Toast 

Crispy Won Tons 

Vegetable Spring Rolls 

Crispy Aromatic Duck 

Sweet & Sour Chicken Hong Kong Style 

Sizzling Beef with Peppers & Blackbean Sauce Cr Soy G Ss E

Party Menu - Dragon Platter

Barbecued Spare Ribs Soy G Ss

Seaweed F Soy G

Sesame Chicken on Toast G Ss E

Crispy Won Tons Cr G Ss E

Vegetable Spring Rolls G

Deep Fried Yumi Chicken Cr Soy G Ss E C

Sweet & Sour Pork Hong Kong Style G Ss E C Mus

King Prawns with Gojiberry & Mixed Vegetables Cr Soy G Ss E

Chicken Curry Soy G M C Sul

Sizzling Beef with Ginger & Spring Onions Cr Soy G Ss E

Egg Fried Rice Soy G E

Seafood Set Menu - Seafood Platter

Crab Claws Cr F Soy G E

Seaweed F Soy G

Deep Fried Squid Cr G Ss E

Garlic & Butter King Prawns Cr G Ss E M Sul

Chilli & Garlic Fish Fillets F G Ss E

Satay King Prawns on Skewers Cr Soy P G Ss E Sul

Crabmeat & Sweetcorn Soup   

Deep Fried Lobster with Ginger & Spring Onions     

Sizzling Scallops with Teriyaki Sauce   

Sweet & Sour King Prawns Hong Kong Style     

Steamed Sea Bass  

Egg Fried Rice   




Vegetarian Set Menu - Vegetarian Platter

Vegetable Spring Rolls 

Satay Babycorn on Skewers       






Teriyaki Tofu  

Chilli & Garlic Aubergine   

Garlic & Butter Mushrooms   

Vegetarian Duck  

Pak Choy with Garlic Sauce     

Quorn with Gojiberry & Mixed Vegetables     

Tofu with Szechuan Sauce     


Steamed Rice


Appetisers

Seafood Platter


Crab Claws 


Seaweed 

Deep Fried Squid 

Garlic & Butter King Prawns 


Chilli & Garlic Fish Fillets 

Satay King Prawns on Skewers 


Lightly Battered Scallop with Garlic, Sea Salt & Chillies 

Lightly Battered King Prawns with Garlic & Butter 


Deep Fried King Prawns with Salt & Pepper 

Thai King Prawns with Shell (with Thai Herbs - Spicy) 

Mussels with Sweet & Spicy Sauce 

Deep Fried Mussels with Salt & Pepper 

Mussels with Blackbean Sauce 

Deep Fried Squid with Chilli, Garlic & Sea Salt 

Deep Fried Squid (with Sweet & Sour Dip) 

Dragon Platter

Barbecued Spare Ribs Soy G Ss

Seaweed F Soy G

Sesame Chicken on Toast G Ss E

Crispy Won Tons Cr G Ss E

Vegetable Spring Rolls G

Chicken Satay on Skewers (Malaysian Spicy Peanut Sauce) Cr Soy G P Ss E Sul

Chicken Wings with Chilli, Garlic & Sea Salt G Ss E

Smoked Shredded Chicken Soy G Ss E

Smokey Chicken with Chilli & Salt G Ss E

Honey Chicken G Ss E

Sesame Prawn Toast Cr G Ss E

Sesame Chicken Toast G Ss E

Deep Fried Salad Prawn Dumplings Cr G Ss E

Spare Ribs with BBQ Sauce Soy G Ss

Spare Ribs with Capital Sauce (Sweet & Fruity) Cr F G Ss C Mus

Spare Ribs with Chilli, Garlic & Sea Salt Soy G Ss


Vegetarian Platter

Vegetable Spring Rolls G

Satay Babycorn on Skewers Cr Soy G P Ss E Sul


Teriyaki Tofu Soy G

Chilli & Garlic Aubergine G Ss E

Garlic & Butter Mushrooms 

Vegetable Spring Rolls 


Crispy Seaweed 

Mushrooms (Pan Fried with Garlic, Butter & Spring Onions) 

Tofu with Chilli, Garlic & Sea Salt

Lightly Battered Aubergine with Chilli, Garlic & Sea Salt 

Deep Fried Green Beans with Chilli, Garlic & Sea Salt 

Deep Fried Quorn (with Sweet & Sour Dip) 

Satay Babycorn on Skewers (Malaysian Spicy Peanut Sauce) 


Speciality Starters or Intermediates


Crisp Aromatic Duck with Pancake Wraps (Served with Cucumber, Spring Onions & Hoi Sin Sauce)





Crispy Mongolian Lamb with Lettuce Wraps (Served with Cucumber, Spring Onions & Hoi Sin Sauce)



Vegetarian Aromatic Duck with Pancake Wraps (Served with Cucumber, Spring Onions & Hoi Sin Sauce) 


Dragon Lettuce Wrap (Diced Chicken & Mixed Vegetables, served with Cucumber, Spring Onions & Hoi Sin Sauce) 


Seafood Lettuce Wrap (Diced Mixed Seafood & Mixed Vegetables, served with Cucumber, Spring Onions & Hoi Sin Sauce) 

Vegetarian Lettuce Wrap (Diced Mixed Vegetables, served with Cucumber, Spring Onions & Hoi Sin Sauce) 

Soups

Cantonese Wonton Dumpling 


Peking Hot & Sour (Chicken, Pork & Shrimp) 

Tom Yum (Thai Hot Spicy Soup with Prawn & Squid) 


Crabmeat & Sweetcorn 


Chicken & Sweetcorn 

Chicken & Mushroom (Clear) 


Tofu & Vegetable 

Special Combination Dishes

Chinese Roast Combination (Char Siu & Roast Duck) 

Szechuan Mixed Meat & Tofu (Chicken, Beef & Char Siu) 

Mixed Curry (Chicken, Beef & King Prawn) 

Mixed Seafood with Ginger & Spring Onions (Scallops, King Prawns & Fish) 

Sizzling Triple Ocean with Peppers & Blackbean Sauce (Scallops, King Prawns & Fish)




Sizzling Three Flavours with XO Sauce (Scallops, King Prawn & Fish in Malaysian Shrimp Sauce)



Chicken

Stir Fried Chicken with Gojiberry & Mixed Vegetables 

Stir Fried Chicken with Cashew Nuts 

Sweet & Sour Chicken Hong Kong Style 

Deep Fried Chicken (Peking Style) 

Deep Fried Yumi Chicken (Malaysian Marmite Sauce) 

Deep Fried Chicken with Spicy Kung Po Sauce with Cashew Nuts Soy G Ss N E

Chicken Thai Style (Sweet Chilli/Plum Sauce) G Ss E

Chicken in Lemon Sauce G Ss E

Drunken Chicken (Garlic & Wine Sauce) G Ss E Sul

Chicken Curry Soy G Ss M E C Sul

Chicken with Ginger & Spring Onions Cr Soy G Ss E

Chicken Szechuan Style Cr Soy G Ss E

Sizzling Chicken with Peppers & Blackbean Sauce Cr Soy G Ss E

Beef

Deep Fried Shredded Beef (Peking Style) Cr F Soy G Ss E C Mus

Deep Fried Shredded Yumi Beef (Malaysian Marmite Sauce) Cr Soy G Ss E C

Stir Fried Beef with Pickled Ginger & Pineapple Cr Soy G Ss E Sul

Beef Curry Soy G Ss M E C Sul

Stir Fried Beef Szechuan Style Cr Soy G Ss E

Sizzling Beef with Teriyaki Sauce (Japanese Sweet Soya Sauce) Cr Soy G

Sizzling Beef Cantonese Style (Sweet & Fruity) Cr F G Ss C Mus

Sizzling Beef with Creamy Black Peppercorn Sauce Cr Soy G Ss E

Sizzling Beef with Peppers & Blackbean Sauce Cr Soy G Ss E

Sizzling Beef Ginger & Spring Onions Cr Soy G Ss E


Stir Fried Beef with Garlic & Onions Cr Soy G Ss E

Stir Fried Beef with Oyster Sauce Cr Soy G Ss E

Duck

Roast Duck Chinese Style with Soya Sauce 

Roast Duck Thai Style (Sweet Chilli/Plum Sauce) 

Roast Duck with Pickled Ginger & Pineapple 

Roast Duck with Ginger & Spring Onions 

Roast Duck Szechuan Style 

Sizzling Roast Duck with Peppers & Blackbean Sauce 

Lamb


Crispy Lamb Malaysian Style (Spicy Oyster/Soya Sauce) 

Crispy Lamb Satay Style (Malaysian Spicy Peanut Sauce) 

Crispy Lamb with Black Peppercorn Sauce 

Szechuan Lamb 

Lamb Curry 

Lamb with Ginger & Spring Onions 

Pork


Sweet & Sour Pork Hong Kong Style 

Char Siu with Soya Sauce (Cantonese Style) 

Char Siu Szechuan 

Sizzling Char Siu with Peppers & Blackbean Sauce 

King Prawns


Stir Fried King Prawns with Gojiberry & Mixed Vegetables 

Stir Fried King Prawns with Cashew Nuts 


Stir Fried King Prawn Szechuan 


Sweet & Sour King Prawns Hong Kong Style 

Stir Fried King Prawns Satay Style (Spicy Peanut Sauce) 

Deep Fried King Prawns Thai Style (Sweet Chilli/Plum Sauce) 

Sizzling King Prawns in XO Sauce (Malaysian Shrimp Sauce) 

Sizzling King Prawns with Ginger & Spring Onions 

Sizzling King Prawns with Peppers & Blackbean Sauce 

Fish


Deep Fried Fish Fillet with Sweet & Sour Sauce 

Stir Fried Fish Fillet with Gojiberry & Mixed Vegetables 


Sizzling Fish Fillet with Peppers & Blackbean Sauce 

Braised Fish Fillet with Tofu 


Braised Fish Fillet with Ginger & Spring Onions 

Braised Fish Fillet with Szechuan Sauce 

Steamed Fillet of Seabass with Ginger & Spring Onions 

Wok Fried Fillet of Seabass with Teriyaki Sauce 

Chef's Specials

Deep Fried Lobster with Ginger & Spring Onions 

Deep Fried Lobster with Peppers & Blackbean Sauce 

Steamed Scallops with Soya Sauce 


Sizzling Sirloin Steak with Black Peppercorn Sauce 

Sizzling Lamb Cutlet with Black Peppercorn Sauce 

Scallops


Stir Fried Scallops with Mangetout 

Stir Fried Scallops with Pak Choy 

Sizzling Scallops with Teriyaki Sauce (Japanese Sweet Soya Sauce) 

Sizzling Scallops with XO Sauce (Malaysian Shrimp Sauce) 


Vegetarian

Stir Fried Mixed Vegetables 

Stir Fried Pak Choy with Garlic Sauce 

Stir Fried Pak Choy with Oyster Sauce 

Aubergine with Peppers & Blackbean Sauce 

Aubergine with Szechuan Sauce 

Tofu with Mixed Vegetables & Oyster Sauce 

Tofu with Szechuan Sauce 

Quorn with Gojiberry & Mixed Vegetables 


Quorn with Peking Sauce 

Quorn with Szechuan Sauce 

Quorn with Cashew Nuts 

Quorn with Kung Po Sauce & Cashew Nuts 

Noodles

Singapore Style Vermicelli (with Chicken, Char Siu & Shrimps) 


Mee Goring (Malaysian Style Spicy, Sweet & Sour Noodles, with Chicken, Char Siu & Shrimp)



Chicken Fried Noodles 

Noodles with Beansprouts 

Rice

Yeung Chow Fried Rice (Chicken, Char Siu & Shrimp) 

Nasi Goring Singapore Style Fried Rice (Hot & Spicy, with Chicken, Char Siu & Shrimps)



Chicken Fried Rice 

Egg Fried Rice 

Steamed Rice